



## 2025 PSYCHIATRY CONFERENCE

### Monday, October 20, 2025

LECTURE/EVENT	SPEAKER/LOCATION	TIME
Breakfast & Registration	Grande Room/Ballroom Foyer	7:00am – 8:00am
Welcome and Introduction	API Staff	8:00am – 8:15am
Eating Disorders: Treatment Update & Difficult Cases	Carrie McAdams, MD	8:15am – 10:20am
Break		10:20am – 10:30am
Weight Control from Antipsychotics	Carrie McAdams, MD	10:30am – 11:30am
Lunch	Garden Courtyard	11:30am – 12:30pm
Pharmacotherapy During Pregnancy & Lactation	Vivien Burt, MD	12:30pm – 2:35pm
Break		2:35pm – 2:45pm
Premenstrual Dysphoric Disorder	TBD	2:45pm – 3:45pm
Break		3:45pm – 3:55pm
Lecture Topic TBD	Jack Krasuski, MD	3:55pm – 5:30pm
Break		5:30pm – 5:40pm
Guided Imagery for Clinicians & Patients	Jack Krasuski, MD	5:40pm – 6:15pm

### Tuesday, October 21, 2025

LECTURE/EVENT	SPEAKER/LOCATION	TIME
Breakfast	Grande Room	7:00am – 8:00am
Substance Use Disorders	Ximena Sanchez-Samper, MD	8:00am – 11:30am
Lunch	Garden Courtyard	11:30am – 12:30pm
Treatment Resistant Depression	Jonathan Heldt, MD	12:30pm – 1:30pm
Break		1:30pm – 1:40pm
Updates on Neuromodulation in Psychiatry	Collin Price, MD	1:40pm – 2:40pm
Break		2:40pm – 2:50pm
Obsessive-compulsive Disorder: Treatment Update and Difficult Cases	Sanjaya Saxena, MD	2:50pm – 4:20pm
Break		4:20pm – 4:30pm
Obsessive-compulsive Related Disorders: Body Dysmorphic, Hoarding Disorder, Trichotillomania & Excoriation Disorder	Sanjaya Saxena, MD	4:30pm – 6:00pm
Ice-breaker Reception	Garden Courtyard	6:00pm – 8:00pm

*\*Please note: Schedule and topics are subject to change*

## Wednesday, October 22, 2025

LECTURE/EVENT	SPEAKER/LOCATION	TIME
Breakfast	Grande Room	7:00am – 8:00am
Opening Remarks	API Staff	8:00am – 8:10am
<b>Chronic Insomnia: Treatment Update &amp; Difficult Cases</b>	Rafael Pelayo, MD	8:10am – 9:40am
Break		9:40am – 9:50am
<b>Sleep Disorders Update: Narcolepsy, Sleep Apnea, Restless Leg Syndrome, &amp; Parasomnia.</b>	Rafael Pelayo, MD	9:50am-11:20am
Lunch	Garden Courtyard	11:30am – 12:20pm
<b>Rewiring Hope: Future of Depression Therapy</b>	Charles DeBattista, MD	12:20pm – 1:50pm
Break		1:50pm – 2:00pm
<b>Schizophrenia: Treatment Update &amp; Difficult Cases</b>	Jaskanwar Batra, MD	2:00pm-3:30pm
Break		3:30pm – 3:40pm
<b>Medicolegal Snares in a Clinical Practice</b>	John Chamberlain, MD	3:40pm – 5:45pm

## Thursday, October 23, 2025

LECTURE/EVENT	SPEAKER/LOCATION	TIME
Breakfast	Grande Room	7:00am – 8:00am
CME Info and Opening Remarks	API Staff	8:00am – 8:10am
<b>Bipolar Disorders: Treatment Update &amp; Difficult Cases</b>	Mark Frye, MD	8:10am – 10:20am
Break		10:20am – 10:30am
<b>Persistent Depressive Disorders Treatment Update</b>	Mark Frye, MD	10:30am – 11:30am
Boxed Lunch	La Jolla Ballroom Foyer	11:30am – 12:00pm
<b>Anxiety Disorders: Treatment Update &amp; Difficult Cases</b>	Jaesu Han, MD	12:00pm – 2:15pm

*\*Please note: Schedule and topics are subject to change*