



Monday, October 9, 2023

LECTURE/EVENT	SPEAKER/LOCATION	TIME
Breakfast & Registration	La Jolla Ballroom	7:00am – 8:00am
<i>Welcome and Introduction</i>	API Staff	8:00am – 8:20am
<i>Early Onset Cognitive Decline</i>	Jason Jalil, MD	8:20am – 9:20am
Break		9:20am – 9:35am
<i>Generalized Anxiety Disorder: Update on Management</i>	Jason Jalil, MD	9:35am – 10:35am
Break		10:35am – 10:50am
<i>Social Anxiety Disorder: Update & Management</i>	Margaret Distler, MD	10:50am – 12:00pm
Lunch	Garden Courtyard	12:00pm – 1:00pm
<i>Benzodiazepines: Update on Therapeutic Uses & Cautions</i>	Margaret Distler, MD	1:00pm – 2:00pm
Break		2:00pm – 2:15pm
<i>Chronic Traumatic Encephalopathy: Recognition & Management</i>	Kevin Bickart, MD	2:15pm – 3:15pm
Break		3:15pm – 3:30pm
<i>PTSD: Update on Management</i>	Sarah Carreira, MD	3:30pm – 5:00pm
Break		5:00pm – 5:15pm
<i>Managing Suicide and Violence Risks</i>	Jack Krasuski, MD	5:15pm – 6:45pm

Tuesday, October 10, 2023

LECTURE/EVENT	SPEAKER/LOCATION	TIME
Breakfast	La Jolla Ballroom D-G	7:00am – 8:00am
<i>Opening Remarks</i>	API Staff	8:00am – 8:10am
<i>Complex ADHD</i>	James McCracken, MD	8:10am – 9:40am
Break		9:40am – 9:55am
<i>Obsessive Compulsive Disorder: Management Update</i>	James McCracken, MD	9:55am – 10:55am
Break		10:55am – 11:10am
<i>Work Burnout as a Call to Wellness</i>	Jack Krasuski, MD	11:10am-12:15pm
Lunch	Garden Courtyard	12:15pm-1:15pm
<i>Psychiatric Conditions & Sleep Disorders: A Bidirectional Relationship?</i>	Karim Ghobrial-Sedky, MD	1:15pm – 2:45pm
Break		2:45pm – 3:00pm
<i>Obstructive Sleep Apnea</i>	Karim Ghobrial-Sedky, MD	3:00pm – 4:30pm
Break		4:30pm – 4:45pm
<i>Guided Imagery</i>	Jack Krasuski, MD	4:45pm – 5:15pm
<i>Ice-breaker Reception</i>	Garden Courtyard	5:30pm – 7:30pm

Wednesday, October 11, 2023

LECTURE/EVENT	SPEAKER/LOCATION	TIME
Breakfast	La Jolla Ballroom D-G	7:00am – 8:00am
<i>Opening Remarks</i>	API Staff	8:00am – 8:10am
<i>Schizoaffective Disorder: Update on Diagnosis & Treatment</i>	Mark Townsend, MD	8:10am – 9:40am
Break		9:40am – 9:55am
<i>Alcohol Use Disorder: Management Update</i>	Mark Townsend, MD	9:55am – 11:30am
Lunch	Garden Courtyard	11:30am – 12:30pm
<i>Blue Moods & Hot Flashes: Treating Perimenopausal Depression</i>	Vivien Burt, MD	12:30pm – 2:00pm
Break		2:00pm – 2:15pm
<i>Somatic Symptom Disorder: Update on Diagnosis & Management</i>	Jack Krasuski, MD	2:15pm – 3:45pm
Break		3:45pm – 4:00pm
<i>Chair Yoga: For Practitioners & Patients</i>	La Jolla Ballroom	4:00pm – 5:00pm
<i>Family Fun Event</i>	La Jolla Garden	4:30pm – 6:00pm

Thursday, October 12, 2023

LECTURE/EVENT	SPEAKER/LOCATION	TIME
Breakfast	La Jolla Ballroom D-G	7:00am – 8:00am
<i>CME Info and Opening Remarks</i>	API Staff	8:00am – 8:20am
<i>Bipolar Disorder: Long-Term Management</i>	Mark Frye, MD	8:20am – 9:50am
Break		9:50am – 10:05am
<i>Treatment-Resistance Depression</i>	Mark Frye, MD	10:05am – 12:15pm
Boxed Lunch	La Jolla Ballroom Foyer	12:15pm – 1:15pm
<i>Responsible Prescribing of Controlled Substances for Psychiatry</i>	Scott Fishman, MD	1:15pm – 2:45pm
Break		2:45pm – 3:00pm
<i>Mindfulness & Meditation: Clearing the Confusion</i>	Jack Krasuski, MD	3:00pm – 4:00pm